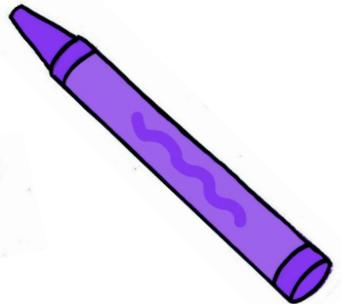
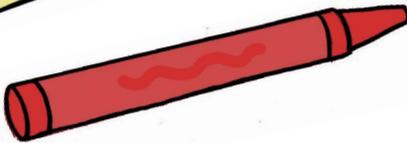
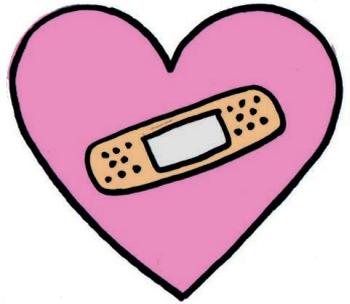


# What Is A Protest?

Learning how to change the world together!



By Artist  
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# So what's Going On?

Right now you may see a lot of people outside. Some of them are smiling, but maybe some of them are frowning. Some of them are quiet, but maybe some of them are shouting. You may even see some of them holding signs.

This is called **PROTESTING**.

**Protesting** is when there is something that makes you feel very sad or even angry inside, and so you try to change it.

Is there anything that someone does that makes you feel sad or angry sometimes? (if so, write it here ->) \_\_\_\_\_

# Why are people protesting?

People come in all different sizes and shapes. Some of us speak different languages and come from different places. Some of us have different color skin. We may look different, but we have a lot of things in common! (Like ice cream! Everyone loves ice cream right? :-)

Well sometimes people are treated unfairly because they look different.

What color is your hair? (write it here ->) \_\_\_\_\_

Imagine if someone told you that you couldn't go to school, drink from a water fountain, or be friends with anyone with a hair color different from yours. Do you have a friend with a different hair color? (what's their name? ->) \_\_\_\_\_

How would it make you feel if you could not do the same things as them or be their friend because you have different colored hair? (write it here ->) \_\_\_\_\_

When people are treated unfairly because of the color of their skin, it is called **RACISM**.

This is why people are protesting right now. Because they want us all to be treated the same no matter what color our skin is :-)

When people protest, they are called **ACTIVISTS**.

Did you know there are even kid activists?!

A little girl named **Ruby Bridges** protested when she was just 6 years old! Ruby was not allowed to go to the same school as kids with a different color skin from her. Because of Ruby's bravery, in 1960 her school William Frantz Elementary became open for kids of all different colors to go to and learn together!

# How Do Activists Protest?

Anyone can be an activist, even you! There are so many ways activists can help change the world.

You can:

- Walk together arm in arm (like Dr. Martin Luther King Jr.)
- Sit without moving (Like Rosa Parks)
- Make art (like Norman Rockwell)
- Kneel during a football game (like Colin Kaepernick)
- Use a powerful voice to tell everyone what you think (like Malala Yousafzai)
- Teach people (like Jane Elliott)
- Write poems (like Maya Angelou)
- Be brave in a new place (Like Ruby Bridges)

**You can also:**

Sing!

Dance!

Write stories and poems!

Draw!

Help others!

## Create A Poster!

Try making your OWN protest sign with the supplies in your art grab-bag.

- Step 1:** At the top of your poster paper, write the thing that makes you sad or angry from page 1.
- Step 2:** Write down how you would like to change that.
- Step 3:** Decorate your poster with drawings and stickers.
- Step 4:** Now you're ready to share your message and change the world!  
Be brave and be kind!

***For more art activities/ content follow artist Julia Bottoms (@Joo\_lea on Instagram) or visit [www.JuliaBottoms.com](http://www.JuliaBottoms.com)***